

CONFINES by GRETE GROSS – TECHNICAL RIDER

The show

Confines is a contemporary circus solo performance travelling with the team of four people - one artist, one technician and two musicians.

It is a performance mainly meant for playing indoors, but outdoor possibilities can be discussed.

The performance includes aerial acrobatics on aerial hammock and aerial net, shadow work behind a fabric screen, dance, singing, recorded and live-performed poetry. Live music on cello and piano is optional for the presenter.

The recommended age target is 8+

Duration: approx. 40'

Contacts

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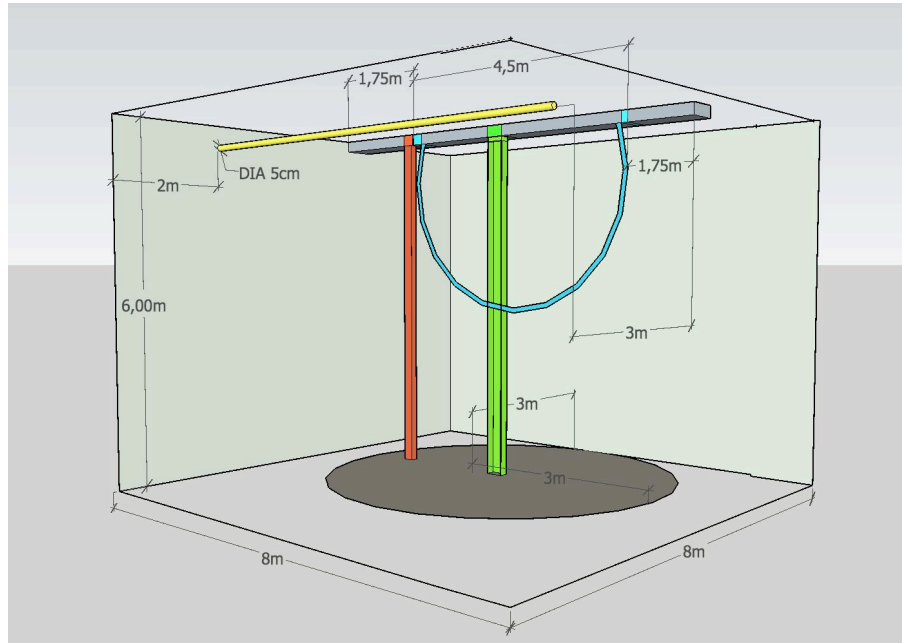
Marita Keskküla, light technician – maritakk@gmail.com - +37259047141

Stage and rigging

- Minimum height 5,5 meters. Maximum height 12 m (if the space is higher, possibilities to be discussed).
- Minimum width 6m.
- Minimum depth 7m.
- 5 rigging points in the sealing with carriage of 500 kg each (for placement check the sketch below).
- The floor must be even and covered with dance floor or other solid material. For outdoors, other possibilities such as grass can be discussed.
- For the frontline of the net (minimum weight carriage 40 kg) there's two options (see yellow on the sketch):
 - a) The Presenter would provide a possibility to connect a tightened wire between the two edges of the stage at the same level or higher as other rigging points. Therefore, electrical PVC pipes in the length of the width of the stage must be provided. Diameter of the pipe 1,5-2 cm. The pipes need to be taped or coloured black for the show.

b) The Presenter would provide aluminium bar(s) in the width of the stage, that would be rigged to the sealing by slings.

*for spaces wider than 7 meters option “a” is recommended as aluminium bar can bend through.



- The presenter must provide access to the sealing and rigging points, may it be by lift, ladder, truss climbing or light bridges.
- If there is a possibility for floor/low wall rigging (up to 1,5 meters), presenter is asked to inform.

Description of the set

- Two vertical tissues in the back on one line + 1 prepared rigging point, on line minimum 2 m front from backdrop.
- A fishnet rigged from one point in the front, radius of 3 m must be free around. (In case of floor/wall rigging points, a pully-system is used for the net).
- A big net, rigged in the whole width of the stage in frontline of the stage, about 1-2 meters from audience (needs to carry 40 kg).

*Red – rigging point for vertical tissue. Green – rigging point for aerial net. Blue – rigging points for aerial hammock. Each of the points must take minimum carriage of 500 kg

*Yellow bar/wire – rigging point for frontline-net in whole width of the stage, 3m front from main beam.

The Presenter is asked to provide

For sound:

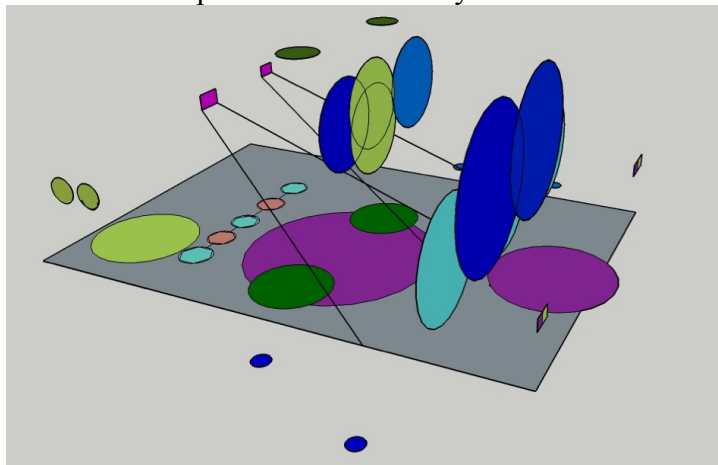
- A concert piano for the whole rehearsal time and performances. In case the piano cannot be brought to the space, we ask a pianino to be provided, but strongly recommend for full experience to provide a concert piano. At the worst case an electrical piano can be used. We ask the Presenter to report about their possibility minimum 1-month prior performance.
*The piano must be tuned for rehearsals and in case there is several performances also between the shows.
- A piano chair and a chair with a back support for cello.
- Professional quality stereo sound system and sound desk to be used for recorded poetry. Depending on the space, amplification for cello and piano might be needed, for outdoors, amplification is necessary. Therefore, microphones and connecting cables need to be provided by Presenter.
- A sound technician to be setting up the required stereo systems, sound desk and participate rehearsals and performance for playing the recorded tracks.

For light:

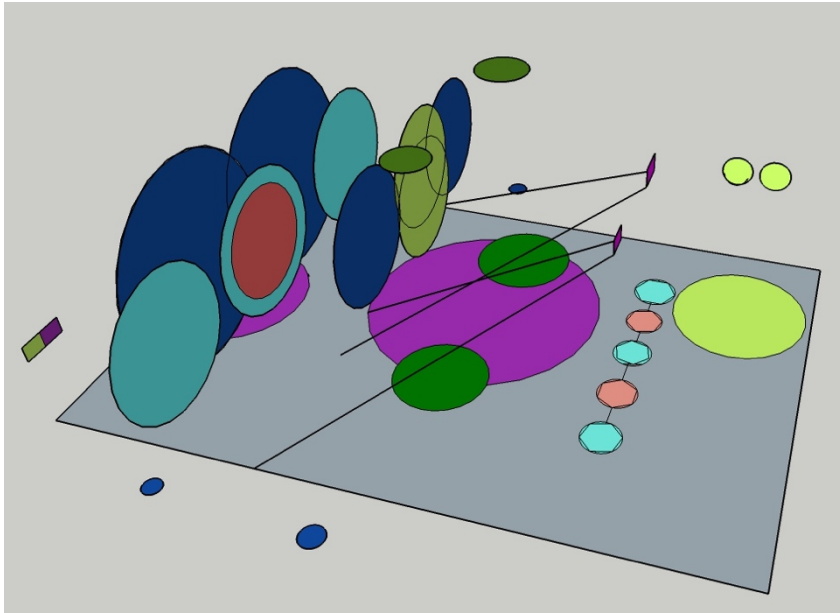
All the lights to be provided by the Presenter and hung to the venue's battens or trusses, stands or/and catwalks. For placement see the sketch below.

- Programmable lighting desk with cue and sub-master options, minimum 70 channels required. For example, ChamSys MQ 40 N.
- 5 x profile with zoom + 1 green, 1 red filter (light-blue and –red showing to centre)
- 4 x PC, 1000 kw (purple, contras in the back, front lights on stand)
- 10 x LED RUSH PAR 2 CT zoom (2 green on the back for musicians, 2 green on centre-hammock, 2 showers, 4 dark blue from sides – low or high).

*Extra 3D sketches can be provided if necessary.



view from front-left



view from back-left

For set and cleaning:

- 3 stage weights, 6+6+12 kg
- A bucket for storing color bombs and 4 empty 1,5 litre plastic bottles with a small lid.
- The cleaning and drying of the performance fabrics after the performance, must be taken to wash the latest 3 hours after the show. The amount of fabrics is around 30 meters, which can fit to two 6 kg washing machines. Maximum washing degree 60°, no softeners to be used, preferably washing powder for white fabrics. Afterwards the fabric must be dried in free air (no drying machine!). Drying the fabric in free air takes around 2-3 hours, the fabric should be dry for set up minimum 3 hours before the show.
*The fabrics and the costume might need many washes, the aim is to have them white
- A warm backstage with a shower and WC, enough space for warm up (3x3 m free space), a table for doing make up with a mirror and enough light. For rehearsal and performance time, water, tea-and coffee, light snacks and fruits must be provided.

***Outdoor**

Outdoor rigging can be possible on a truss-construction or other system that meets the requirements of the space size and rigging. For truss construction the best solution is a cube of 6m height, 3-5 m depth, 7m width. The truss should be 40 or 30 cm truss (rather square than triangular), with the wall of 3mm (for example Prolyte H30V) or 40 cm heavy duty truss.

For outdoor the most complicated weather condition is wind. With light rain the show can still be performed if the musicians and their instruments are covered. With heavy wind and/or rain the show can be cancelled if the Artist decides to do so on safety reasons.



example of truss rigging

Preparation and taking down

- Stage set up time 5 hours.
- Light and sound rehearsal 4 hours.
- Technical and full run-through 3 hours.

Preferred set up one day prior the show, can be arranged differently depending on space and wishes of the Presenter.

- Preparation time before the show at backstage 1,5 h.
- In case it is possible to close the venue for audience before the show (unlike outdoors), the doors can be opened 10 minutes before the show starts, when the Artist is ready on stage.
- After the show complete rigging down and cleaning the stage: 1,5 hours.
- When played on many days in a row, with the rigging points staying set, a pre-set time for 3,5 hours is needed before the show.

Local crew needed:

1 x Stage Manager 1 x Lighting technician 1 x Sound technician. The local crew should be familiar with the venue and the house electricity feeds, dimmers, sound system, rigging etc. The crew must be free from other duties during the set up times.

For any questions, extra materials or specifications, don't hesitate to contact and we will definitely find the best possible option for Your venue.

For questions about performance and rigging, please contact Grete Gross –
grete.gross@gmail.com / +372 58066199

For questions about the light, please contact Marita Keskküla – maritakk@gmail.com /
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